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| --- | --- | --- | --- | --- |
| **Animals including humans have offspring that grow into adults** | | | | |
| **lamb** | | **sheep** | | |
| **baby** | **toddler** | | | **child** |
| **adult** | | | **teenager** | |
| **egg** | **chick** | | | **chicken** |
| **The young of some animals don’t look like their parents:** | | | | |
| **spawn** | **tadpole** | | | **frog** |
| **eggs** | | **caterpillar** | | |
| **butterfly** | | **pupa** | | |

**Animals including humans**

|  |  |
| --- | --- |
| **Key vocabulary** | |
| **offspring** | A person’s children or an animal’s young. |
| **reproduction** | The process where new animals, humans or plants are made. |
| **growth** | The process of getting bigger. |
| **exercise** | This is when you move your body physically to get fit and remain healthy. Our heartbeat increases when we exercise. |
| **breathing** | This is what we do to get oxygen in our bodies. |
| **hygiene** | Keeping clean to prevent illnesses and the spread of disease. |
| **germs** | A very small thing that can cause diseases. We cannot see them with our eyes. |
| **disease** | An illness which affects people, animals or plants. |

|  |  |
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| **Significant scientist** | |
| **Dr Ernest Madu**  *(born 1960)* | Dr Ernest Madu is a cardiologist. His work focuses on providing affordable healthcare in low-resource nations. |
| **All animals including humans have these basic needs to survive:** | |
| **To grow into healthy adults, animals including humans need:** | |

**The Eatwell plate**This shows the different food groups that make up a healthy diet. A close up of food

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